

As of March 1, 2009

Please note, items marked with an asterisk(*) may not be available at all Arby's Restaurants

ARBY'S MENU ITEMS AND INGREDIENTS

ARBY'S® ROAST BEEF SANDWICHES AND MELTS

Roast Beef Sandwich (Regular, Medium or Large)

Roast Beef, Sesame Bun

Beef 'n Cheddar (Regular, Medium or Large)

Roast Beef, Cheddar Cheese Sauce, Onion Bun, Red Ranch Dressing

Bacon Cheddar Roastburger™

Roast Beef, Chargrill Seasoning, Red Onion, Tomato, Shredded Lettuce, Cheddar Cheese, Pepper Bacon, Double Cut Bun

All American Classic Roastburger™

Roast Beef, Chargrill Seasoning, Red Onion, Tomato, Shredded Lettuce, Pickles, Grillaise® sauce, Ketchup, Mustard, Double Cut Bun

Bacon & Bleu Roastburger™

Roast Beef, Chargrill Seasoning, Red Onion, Tomato, Shredded Lettuce, Bleu Cheese Spread, Pepper Bacon, Double Cut Bun

Junior Roast Beef Sandwich

Roast Beef, Sesame Bun (Regular or Junior)

Super Roast Beef Sandwich*

Roast Beef, Shredded Lettuce, Red Ranch Dressing, Sesame Bun, Tomato

Arby's Melt Sandwich*

Roast Beef, Cheddar Cheese Sauce, Sesame Bun

Ham & Swiss Melt Sandwich*

Roast Ham, Sesame Bun, Swiss Cheese

ARBY'S® CHICKEN SANDWICHES

Roast Chicken Club

Roast Chicken, Shredded Lettuce, Tomato, Swiss Cheese, Pepper Bacon, Club Sauce, Double Cut Bun

Chicken Fillet Sandwich – Crispy or Roast

Crispy Chicken Fillet or Roast Chicken, Shredded Lettuce, Mayonnaise, Sesame Bun

Chicken Bacon & Swiss Sandwich – Crispy or Roast*

Crispy Chicken Fillet or Roast Chicken, Dijon Honey Mustard Sandwich Sauce, Pepper Bacon, Sesame Bun, Swiss Cheese

Chicken Cordon Bleu Sandwich – Crispy or Roast*

Crispy Chicken Fillet or Roast Chicken, Mayonnaise, Roast Ham, Sesame Bun, Swiss Cheese

Popcorn Chicken

Popcorn Chicken, choice of BBQ, Buffalo, Honey Mustard or Ranch dipping sauce

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ARBY'S MENU ITEMS AND INGREDIENTS

MARKET FRESH® SANDWICHES

Corned Beef Reuben Sandwich

Corned Beef, Marble Rye Bread, Sauerkraut, Swiss Cheese (Big Eye, Natural), Thousand Island Dressing

Roast Turkey Ranch & Bacon Sandwich

Roast Turkey, Cheddar Cheese, Creamy Ranch Spread, Honey Wheat Bread, Leaf Lettuce, Pepper Bacon, Red Onion Rings, Tomato

Roast Turkey & Swiss Sandwich

Roast Turkey, Honey Wheat Bread, Leaf Lettuce, Mayonnaise, Red Onion Rings, Spicy Brown Honey Mustard, Swiss Cheese, Tomato

Pecan Chicken Salad Sandwich*

Chicken Salad with Pecans, Honey Wheat Bread, Leaf Lettuce

Ultimate BLT Sandwich*

Pepper Bacon, Honey Wheat Bread, Leaf Lettuce, Mayonnaise, Tomato

Roast Ham & Swiss Sandwich*

Roast Ham, Honey Wheat Bread, Leaf Lettuce, Mayonnaise, Red Onion Rings, Spicy Brown Honey Mustard Sauce, Swiss Cheese, Tomato

Roast Beef & Swiss Sandwich*

Roast Beef, Honey Wheat Bread, Leaf Lettuce, Mayonnaise, Red Onion Rings, Spicy Brown Honey Mustard, Swiss Cheese, Tomato

OTHER SANDWICHES

Fish Sandwich* – Classic [Limited Time Offer]

Fish Fillet, Shredded Lettuce, Sesame Bun, Tartar Sauce

MARKET FRESH® CHOPPED SALADS

Market Fresh Chopped Turkey Salad

Pepper Bacon, Turkey, Tomatoes, Red Onion, Shredded Cheddar, Lettuce Blend. Buttermilk Ranch Dressing on the side

Market Fresh Chopped Farmhouse Salad (Grilled or Popcorn)

Pepper Bacon, Popcorn or Diced Grilled Chicken, Tomatoes, Red Onion, Shredded Cheddar, Lettuce Blend. Dijon Honey Mustard Dressing on the side

Market Fresh Chopped Italian Salad

Banana Peppers, Ham, Pepperoni, Salami, Tomatoes, Red onion, Shredded Cheddar, Lettuce Blend. Balsamic Vinaigrette on the side

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ARBY'S TOASTED SUBS

Classic Italian Toasted Sub

Pepperoni, Salami, Roast Ham, Ciabatta Bread, Mayonnaise, Red Onions, Tomato (Sliced), Red Wine Vinaigrette, Shredded Lettuce, Banana Peppers, Swiss Cheese (Slice, Processed)

Turkey Bacon Club Toasted Sub

Roast Turkey, Pepper Bacon, Ciabatta Bread, Mayonnaise, Red Onions, Tomato (Sliced), Shredded Lettuce, Swiss Cheese (Slice, Processed)

French Dip & Swiss Toasted Sub

Roast Beef, Ciabatta Bread, Swiss Cheese (Slice, Processed), Au Jus served on the side

Philly Beef Toasted Sub

Roast Beef, Ciabatta Bread, Mayonnaise, Swiss Cheese (Slice, Processed), Pepper and Onion blend

SIDES AND SIDEKICKERS®

Curly Fries

Mozzarella Sticks with Marinara Sauce

Loaded Potato Bites® with Ranch Dipping Sauce

Jalapeno Bites®* with Bronco Berry Sauce®*

Onion Petals* with Tangy Southwest Sauce*

Potato Cakes

SHAKES & DESSERTS

Vanilla Shake

Chocolate Swirl Shake

Chocolate Syrup, Vanilla Shake Mix, Chocolate Swirl

Jamocho Swirl Shake

Jamocho Syrup, Vanilla Shake Mix, Chocolate Swirl

Apple Turnover

Apple Turnover, Turnover Icing

Cherry Turnover

Cherry Turnover, Turnover Icing

Gourmet Chocolate Chunk Cookies*

KIDS MEAL

Popcorn Chicken

Junior Roast Beef Sandwich

Applesauce

1% Chocolate Milk

2% Regular Milk

Potato Cakes

Capri Sun Fruit Juice

Small Drink

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ARBY'S MENU ITEMS AND INGREDIENTS

BREAKFAST*

Sausage Biscuit

Biscuit, Sausage Patty

Sausage Gravy Biscuit

Biscuit, Sausage Patty, Country Gravy

Chicken Biscuit

Biscuit, Crispy Chicken Fillet (Breakfast)

Sausage & Egg Croissant

Croissant, Scrambled Egg Patty, Sausage Patty

Sausage, Egg & Cheese Croissant

Croissant, Scrambled Egg Patty, Sausage Patty, Swiss Cheese (Slice, Processed)

Sausage, Egg & Cheese Wrap

American Cheese (Slice, Processed), Breakfast Tortilla, Scrambled Egg Patty, Potato Cake, Sausage Patty

Sausage, Egg & Cheese Biscuit

Biscuit, Scrambled Egg Patty, Sausage Patty, Swiss Cheese (Slice, Processed)

Sausage, Egg & Cheese Sourdough

Sourdough Breakfast Bread, Scrambled Egg Patty, Sausage Patty, Swiss Cheese (Slice, Processed)

Bacon & Egg Croissant

Bacon, Croissant, Scrambled Egg Patty

Bacon Biscuit

Bacon, Biscuit

Bacon, Egg & Cheese Biscuit

Bacon, Biscuit, Scrambled Egg Patty, Swiss Cheese (Slice, Processed)

Bacon, Egg & Cheese Croissant

Bacon, Croissant, Scrambled Egg Patty, Swiss Cheese (Slice, Processed)

Bacon, Egg & Cheese Wrap

Bacon, Breakfast Tortilla, Scrambled Egg Patty, Swiss Cheese (Slice, Processed)

Bacon, Egg & Cheese Sourdough

Bacon, Scrambled Egg Patty, Sourdough Breakfast Bread, Swiss Cheese (Slice, Processed)

Egg & Cheese Sourdough

Scrambled Egg Patty, Sourdough Breakfast Bread, Swiss Cheese (Slice, Processed)

Ham Biscuit

Biscuit, Roast Ham

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BREAKFAST*

Ham & Cheese Croissant

Croissant, Roast Ham, Swiss Cheese (Slice, Processed)

Ham, Egg & Cheese Biscuit

Biscuit, Scrambled Egg Patty, Roast Ham, Swiss Cheese (Slice, Processed)

Ham, Egg & Cheese Croissant

Croissant, Scrambled Egg Patty, Roast Ham, Swiss Cheese (Slice, Processed)

Ham, Egg & Cheese Sourdough

Scrambled Egg Patty, Roast Ham, Sourdough Breakfast Bread, Swiss Cheese (Slice, Processed)

Ham, Egg, & Cheese Wrap

American Cheese (Slice), Breakfast Tortilla, Scrambled Egg Patty, Potato Cake, Roast Ham

Blueberry Muffin

Breakfast Syrup

French Toastix

T.J. CINNAMONS®

Pecan Sticky Bun

Cinnamon Roll, Sticky Bun Smear with Pecans

T.J. Cinnamons Cinnamon Twist®

Cinnamon Twist

T.J. Cinnamons Mocha Chill®

Mocha Chill, Whipped Cream

The Original Gourmet Cinnamon Roll®

Cinnamon Roll

INGREDIENTS

Almonds, Toasted Sliced

Toasted Blanched Sliced Almonds.

Apple Turnover

Unbleached enriched wheat flour [flour, malted barley flour, niacin, reduced iron, thiamin mononitrate (vitamin B1), riboflavin (vitamin B2), folic acid], apples, water, sugar, high fructose corn syrup, contains 2 percent of less of: modified food starch, raisins, salt, margarine [palm oil, soybean oil, water, salt, vegetable monoglycerides, soy lecithin, sodium benzoate and citric acid (preservatives), artificial flavor, beta carotene (color), vitamin A palmitate added], wheat gluten and cinnamon.

Arby's Sauce®

Water, Corn Syrup, Tomato Paste, Distilled Vinegar, High Fructose Corn Syrup, Salt, Modified Food Starch, Soybean Oil, Xanthan Gum, Onion Powder, Sodium Benzoate (Preservative), Garlic Powder, Spice and Spice Extractives.

Au Jus (Prepared)

Maltodextrin, modified corn starch, vegetable oil (palm, soybean, canola, vitamin E as antioxidant), hydrolyzed plant proteins (corn, soy, and wheat), sugar, salt, beef flavor extract (beef stock, yeast extract, lactic acid powder [lactic acid, calcium lactate], sodium phosphate, caramel color, disodium inosinate & disodium guanylate), beef bone fat (with tbhq and citric acid for stability), onion powder, and less than 2% of caramel color (with sulfites), beef stock, beef extract, black pepper, garlic powder, yeast extract, natural flavor (contains milk), monoglycerides, disodium inosinate & disodium guanylate, datem, lactic acid, gum arabic, dextrose, silicon dioxide.

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ARBY'S MENU ITEMS AND INGREDIENTS

Bacon

Cured with: Water, Salt, Sugar, Smoke Flavor, Sodium Phosphate, Sodium Erythorbate, Sodium Nitrite.

Balsamic Vinaigrette Dressing

Water, soybean oil, balsamic vinegar (contains sulfites), high fructose corn syrup, red wine vinegar, salt, sugar, dehydrated garlic, spices, xanthan gum, lemon juice concentrate, calcium disodium edta added to protect flavor.

BBQ Dipping Sauce

Water, sucrose, tomato paste, distilled vinegar, molasses, salt, modified corn starch, natural smoke flavor, spices, onion powder, sodium benzoate and potassium sorbate added as preservatives, caramel color, garlic powder.

Biscuit

Enriched flour bleached (wheat flour, niacin, ferrous sulfate, thiamin mononitrate, riboflavin, folic acid), water, hydrogenated palm kernel oil, buttermilk, sugar, baking soda, salt, sodium aluminum phosphate, sodium caseinate, datem, nonfat milk, whey protein concentrate, sodium acid pyrophosphate, whey, wheat protein isolate, natural flavor.

Bleu Cheese Spread

Soybean oil, water, blue cheese (pasteurized milk, cheese cultures, salt, enzymes, natamycin), distilled vinegar, egg yolks, sugar, salt, lactic acid, garlic powder, sodium benzoate and potassium sorbate (preservatives), propylene glycol alginate, natural flavor, xanthan gum, sodium acid sulfate, spices.

Buttermilk Ranch Dressing (Packet)

Soybean oil, water, buttermilk, distilled vinegar, high fructose corn syrup, salt, egg yolk, whey protein concentrate, garlic juice, monosodium glutamate, sugar, natural flavor, xanthan gum, potassium sorbate and sodium benzoate added as preservatives, dehydrated onion, polysorbate 60, spice, phosphoric acid, lactic acid, calcium disodium edta added to protect flavor.

Cheddar Cheese Sauce

Water, canola oil, modified corn starch, cheddar cheese (milk, cultures, salt and enzymes), maltodextrin, less than 2% of; salt, sodium phosphate, nonfat dry milk, mono & diglycerides, sodium stearoyl lactylate, autolyzed yeast extract, acetic acid, citric acid, sodium citrate, sodium hexametaphosphate, natural flavors, color (annatto extract, paprika oleoresin, carotene, FD & C yellow 6).

Cheddar Cheese, Shredded

Cultured Pasteurized Milk, Salt, Enzymes, Artificial Color, Potato Starch and Powdered Cellulose Added to Prevent Caking, Natamycin (a Natural Mold Inhibitor).

Cheddar Slice, Natural

Cultured pasteurized Milk, Salt, Calcium Chloride, Enzymes, Artificial Color.

Cherry Turnover

Unbleached enriched wheat flour [flour, malted barley flour, niacin, reduced iron, thiamin mononitrate (vitamin B1), riboflavin (vitamin B2), folic acid], water, margarine [palm oil, soybean oil, water, salt, vegetable monoglycerides, soy lecithin, sodium benzoate and citric acid (preservatives), artificial flavor, beta carotene (color), vitamin A palmitate added], sugar, contains 2 percent of less of: modified corn starch, corn syrup, high fructose corn syrup, salt, and wheat gluten. Made with real cherries - may contain pits.

Chicken Club Spread

Soybean oil, water, tomato paste, corn syrup, Dijon mustard (water, mustard seed, vinegar, salt, white wine, citric acid, tartaric acid, spices), distilled vinegar, egg yolk, salt, high fructose corn syrup, worcestershire sauce (distilled vinegar, molasses, corn syrup, water, salt, caramel color, garlic powder, sugar, spices, tamarind, natural flavor and sulfating agents), spice dehydrated garlic, sugar, lemon juice concentrate, potassium sorbate and sodium benzoate as preservatives, xanthan gum, artificial flavor, calcium disodium edta to protect flavor.

Chicken Fillet - Crispy (Breaded)

Boneless, skinless chicken breast fillets with rib meat, containing up to 13.64% solution of water and sodium phosphates. Seasoned with: salt, flavor (contains torula yeast), chicken fat, garlic powder, natural and artificial flavor (contains modified corn starch, milk and soybean lecithin), onion powder, spice extractives, and polysorbate 80. Breaded with: wheat flour, water, bleached wheat flour, salt, modified corn starch, wheat

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gluten, spices, egg white solids, yellow corn flour, leavening (cream of tartar, sodium bicarbonate), garlic powder, spice extractives. Breeding set in vegetable oil.

Chicken Fillet – Crispy (Breakfast)

Containing up to 13% of a Solution of Water, Seasoning (Salt, Hydrolyzed Corn and Soy Protein, Flavor, Autolyzed Yeast Extract, Disodium Guanylate, Disodium Inosinate, Enzyme Modified Egg Yolk, and Thiamine Hydrochloride), and Sodium Tripolyphosphate

Battered and Breaded with: Bleached Wheat Flour, Water, Wheat Flour, Salt, Spice, Disodium Inosinate and Disodium Guanylate, Yeast Extract, Leavening (Sodium Bicarbonate, Sodium Aluminum Sulfate), Garlic Powder, Yellow Corn Flour, Dextrose, Onion Powder, Extractives of Paprika and Turmeric.

Chili Lime Ranch Sauce

Soybean oil, cultured buttermilk, sour cream (cream, modified corn starch, gelatin, lactic acid, guar gum, mono and diglycerides, disodium phosphate, citric acid, artificial flavor), water, egg yolks, chile lime hot sauce (aged cayenne peppers, vinegar, water, salt, ground cumin, natural lime flavor, garlic powder), distilled vinegar, salt, lime juice concentrate, garlic including dehydrated, whey protein concentrate, sugar, spices, onion*, natural flavors, lime juice powder (maltodextrin, lime juice, lime oil), potassium sorbate and sodium benzoate added as preservatives, high fructose corn syrup, glucono delta lactone, xanthan gum, chives, propylene glycol alginate, disodium inosinate, disodium guanylate, calcium disodium edta added to protect flavor. *Dehydrated

Chocolate Syrup

High fructose corn syrup, corn syrup, water, dutch processed cocoa, caramel color, potassium sorbate (preservative), citric acid, vanillin and artificial colors (red 40).

Ciabatta Bread

Unbleached Flour (Wheat Flour, Malted Barley Flour), Water, Olive Oil, Salt, Yeast, Hydrated Monoglycerides, Propionic Acid, Phosphoric Acid, Dough Conditioner (Enzyme).

Corn Oil (Frying Oil)

Refined, Bleached and Deodorized Corn Oil with TBHQ and Citric Acid Added to Protect Flavor. Dimethylpolysiloxane Added as an Anti-Foaming Agent.

Corned Beef

Beef Flat of Round, Cured with: Water, Salt, Sodium Phosphate, Sugar, Flavorings, Sodium Erythorbate and Sodium Nitrate.

Cranberries

Cranberries, Sugar, Sunflower Oil.

Cream of Broccoli Soup

Chicken broth (water, cooked mechanically separated chicken, chicken fat, chicken broth), broccoli, dairy creamer (cream, stabilizer [guar gum, xanthan gum, propylene glycol alginate], mono and diglycerides, disodium phosphate), modified food starch (corn), salt, onion, butter (cream, salt), sugar, mustard flour, hydrolyzed corn protein (soy), dried whey, disodium inosinate and disodium guanylate, turmeric (color and flavoring).

Creamy Ranch Sauce

Soybean Oil, Cultured Buttermilk, Sour Cream (Cream, Modified Food Starch, Gelatin, Lactic Acid, Guar Gum, Mono and Diglycerides, Disodium Phosphate, Citric Acid, Artificial Flavor), Egg Yolk, Water, Salt, Distilled Vinegar, Sugar, Garlic*, Onion*, Lemon Juice from Concentrate, Natural Flavors, Monosodium Glutamate, Xanthan Gum, Egg White*, Spice, Potassium Sorbate and Sodium Benzoate Added as Preservatives, Propylene Glycol Alginate, Citric Acid, Calcium Disodium EDTA Added to Protect Flavor. *Dehydrated

Croissant

Enriched flour (wheat flour, barley malt, niacin, iron, thiamine mononitrate, riboflavin, folic acid), water, butter, sugar, eggs, contains 2% of less of: yeast, high fructose corn syrup, salt, natural and artificial flavor, dough conditioner (sodium stearoyl lactylate, soy flour, dextrose, ascorbic acid, azodicarbonamide (ADA), l-cysteine, enzymes), calcium propionate (preservative).

Curly Fries

Potatoes, Vegetable Oil (May Contain One or More of the Following: Canola Oil, Soybean Oil,

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Cottonseed Oil, Sunflower Oil, Corn oil, Palm Oil), Bleached Enriched Wheat Flour (Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Salt, Corn Starch - Modified, Potato Starch - Modified), Spices (White Pepper, Black Pepper, Chili Pepper, Cumin), Onion Powder, Corn Meal, Garlic Powder, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Dried Torula Yeast, Natural Flavor (Extractive of Capsicum), Spice and Coloring (Extractive of Paprika), Dextrose, Xanthan Gum.

Diced Grilled Chicken

Boneless, Skinless Chicken Breast, Water, Seasoning [Sodium Citrate Blend (Buffered Sodium Citrate, Sodium Diacetate), Salt, Yeast Extract, Dextrose, Hydrolyzed Corn Gluten, Natural Flavors (with Smoke Flavor), Sugar, Chicken Broth, Chicken Powder, Flavor (Gum Arabic, Natural Flavor), Maltodextrin, Chicken Fat, Disodium Inosinate and Disodium Guanylate, Soy Sauce Solids (Wheat, Soybean, Salt), Lactic Acid, Thiamine Hydrochloride], Modified Food Starch, Sodium Phosphates.

Dijon Honey Mustard Dipping Sauce

Soybean oil, water, honey, mustard seed, high fructose corn syrup, distilled vinegar, egg yolk, salt, xanthan gum, spices, propylene glycol alginate, white wine, sodium benzoate and potassium sorbate added as preservatives, oleoresin paprika, calcium disodium EDTA added to protect flavor, yellow #5, citric acid, tartaric acid.

Dijon Honey Mustard Dressing

Soybean oil, water, high fructose corn syrup, distilled vinegar, honey, egg yolk, mustard seed, sugar, salt, spice, white wine, natural flavor, xanthan gum, citric acid, tartaric acid, artificial color (including yellow #5), calcium disodium edta added to protect flavor.

Double Cut Bun

Flour (wheat flour, malted barley flour), water, sugar, palm oil, yeast, natural 2 (unbleached wheat flour, wheat gluten, contains 2% or less of the enzyme, ascorbic acid), salt, calcium stearoyl lactylate, calcium propionate (to retard spoilage), after glo (modified corn starch, sodium alginate, mono and diglycerides, lecithin, polysorbate 60), malt dry (malted barley, wheat flour, dextrose), fridge soft (wheat flour, enzymes, and soybean oil), egg shade (water, propylene glycol, certified FD & C colors (yellow #5, yellow #6, and red #40), and citric acid), caramel color.

Egg, Scrambled Patty

Whole Eggs, Water, Soybean Oil, Whey Solids, Dicalcium Phosphate, Nonfat Dried Milk, Salt, Sodium Bicarbonate, Xanthan Gum, Artificial Butter Flavor (Natural Flavor, Partially and Polyglycerol Esters of Fatty Acids), Citric Acid, Liquid Pepper Extract.

Fish Fillet

Pollock, Enriched Bleached Wheat Flour (Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Modified Corn Starch, Yellow Corn Flour, Water, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Bleached Wheat Flour, White Corn Flour, Vegetable Shortening (Soybean), Salt, Dextrose, Yeast, Torula Yeast, Garlic Powder, Hydrolyzed Soy Protein, Onion Powder, Soybean Oil, Spices, Spice Extractive, Natural Flavor, Dough Conditioners (Ascorbic Acid, Cysteine HCl).

French Toastix

French Bread (Bleached Wheat Flour Enriched with Niacin, Thiamine Mononitrate, [Vitamin B1], Reduced Iron, Riboflavin [Vitamin B2], Water, High Fructose Corn Syrup, Yeast, Salt, Ammonium Sulfate, Potassium Bromate (Except in California), Dough Conditioner (Contains Mono and Diglycerides, Ethoxylated Mono and Diglycerides), Calcium Propionate (Preservative), Water, Bleached Wheat Flour, Soybean Oil, Sugar, Yellow Corn Flour, Whole Egg Solids, Modified Food Starch, Nonfat Milk, Salt, Soy Flour, Dextrose, Gum Arabic, Leavening (Monocalcium Phosphate, Sodium Bicarbonate), Natural and Artificial Flavor, Glycerin, Carrageenan, Yeast, Polysorbate.

Grillaise Spread

Soybean oil, water, eggs, egg yolks, vinegar, natural grill flavor, sugar, salt, mustard flour, xanthan gum, spice, calcium disodium edta (to protect freshness).

Grilled Chicken Breast Fillet

Boneless, Skinless Chicken Breast, Glazed with Water, Vegetable Oil (Soybean Oil), Chicken Broth

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Flavor (Chicken Broth, Salt, Flavor), Natural Grilled Chicken Type Flavor [Salt, Maltodextrin, Sugar, Flavoring, Grill Flavor (from Safflower Oil), Disodium Inosinate, Disodium Guanylate], Modified Food Starch, Dextrose, Sodium Phosphates.

Homestyle Fries

Potatoes, Canola and/or Palm Oil, Modified Food Starch, Rice Flour, Dextrin, Salt, Leavening, (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Dextrose, Xanthan Gum

Honey Mustard Sandwich Sauce

Soybean oil, water, honey, mustard seed, high fructose corn syrup, distilled vinegar, egg yolk, salt, xanthan gum, spices, propylene glycol alginate, white wine, sodium benzoate and potassium sorbate added as preservatives, oleoresin paprika, calcium disodium EDTA added to protect flavor, yellow #5, citric acid, tartaric acid.

Honey Wheat Bread

Bleached enriched flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folate), water, coarse cracked wheat, high fructose corn syrup, corn syrup, yeast, honey, soybean oil, wheat gluten, salt, malt syrup (corn syrup, barley, malt extract and saccharifying enzymes), dough improver (wheat flour, calcium stearoyl lactylate, salt, calcium sulfate, datem, soy oil, contains 2% or less of potassium iodate, ascorbic acid, enzyme, L-cysteine, azodicarbonamide), calcium propionate (to retard spoilage), wheat flour, enzymes, caramel color, ascorbic acid.

Horsey Sauce®

Soybean oil, water, high fructose corn syrup, distilled vinegar, corn syrup, egg yolks, modified food starch, salt, spices, horseradish powder, sodium benzoate (preservative), artificial flavor, calcium disodium EDTA

Jalapeno Bites®

Green jalapeno pepper (pepper, water, acetic acid, salt, calcium chloride, sodium benzoate (preservative)), cream cheese (pasteurized milk and cream, cheese culture, salt, carob bean gum), bleached wheat flour, water, wheat flour, contains 2% or less of: cellulose gum, dextrose, food starch modified corn, leavening (sodium acid pyrophosphate, sodium bicarbonate), salt, sugar, turmeric oleoresin color, soybean oil, whey, yeast, yellow corn flour.

Jamocho Syrup

High Fructose Corn Syrup, Corn Syrup, Instant Coffee, Dutch Processed Cocoa, Caramel Color, Salt, Potassium Sorbate (Preservative), Citric Acid, Xanthan Gum, Polyglycerol Esters Of Fatty Acid, Artificial Flavor.

Ketchup

Tomato concentrate made from red ripe tomatoes, distilled vinegar, high fructose corn syrup, corn syrup, salt, spice, onion powder, natural flavoring.

Lite Italian Dressing

Water, distilled vinegar, sugar, salt, soybean oil, garlic*, xanthan gum, sodium benzoate added as a preservative, spices, onion*, red bell peppers*, calcium disodium edta added to protect flavor, yellow #5, yellow #6, *dehydrated.

Loaded Potato Bites®

Hash Brown Potatoes [Potatoes, Dextrose, Disodium Dihydrogen Pyrophosphate (To Maintain Natural Color)], Pasteurized Process American Cheese [American Cheese (Milk, Cheese Culture, Salt, Enzymes, Annatto), Water, Cream, Sodium Phosphate, Sodium Citrate, Salt, Sorbic Acid (Preservative), Apocrotinol (Color)], Water, Bleached Wheat Flour, Dehydrated Potatoes (Potatoes, Mono and Diglycerides, Sodium Acid Pyrophosphate, Citric Acid), Bacon Bits (Bacon Cured with: Water, Salt, Sodium Phosphate, Sodium Nitrate, Smoke Flavoring, May Contain Sugar, Sodium Erythorbate, Brown Sugar, Sodium Ascorbate, Potassium Chloride, Dextrose), Contain 2% or Less of: Dried Chives, Dried Parsley, Salt, Sugar, Spices (Including Paprika & Turmeric), Onion, Cornstarch, Garlic, Natural Flavor, Yeast, Soybean Oil, Egg, Modified Food Starch, Rice Flour, Dextrin, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Xanthan Gum.

Lumberjack Mixed Vegetable Soup

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Beef broth (water, onions, beef fat, tomato paste, seasoning blend (salt, dextrose, beef fat [tbhq added as a preservative], hydrolyzed proteins [corn gluten, soy and wheat gluten], onion powder, caramel color, disodium inosinate, disodium guanylate), sugar, seasoning blend (yeast extract, onion, emulsifiers [propylene glycol monostearate, monoglycerides], sugar, salt, spice, hydrolyzed proteins [corn gluten, soy, wheat gluten], dextrose, beef fat, disodium inosinate, disodium guanylate, caramel color), yeast blend (yeast extract, soybean oil), caramel color), carrots, tomatoes, (tomatoes, tomato juice, citric acid, calcium chloride), dehydrated potatoes, celery, green beans, peas, modified food starch (corn), salt, dried parsley.

Mandarin Peach Syrup

Pure cane syrup, water, citric acid, natural mandarin flavor, natural and artificial peach flavor, potassium sorbate (preservative), FD&C yellow #5, FD&C red #40.

Mango Mint Flavored Syrup

Pure cane sugar, water, natural and artificial mango flavor, concentrated lemon juice, natural mint flavor, potassium sorbate (preservative).

Maple Syrup

Corn Syrup, Sugar Syrup, Butter, Algin Derivative, Natural Flavor, Artificial Flavor, Salt, Sodium Benzoate and Sorbic Acid (Preservatives), Sodium Citrate, Citric Acid, Caramel Color.

Marble Rye Bread

Bleached enriched flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folate), water, bleached enriched flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folate), water, yeast, sour (wheat flour, salt, malt, fumaric acid, contains 2% or less of acetic acid, lactic acid), yeast, soybean oil, wheat gluten, caramel color, pumpernickel flour, soybean oil, wheat gluten, rye flour, high fructose corn syrup, ground caraway seed, sour (wheat flour, salt, malt, fumaric acid, contains 2% or less of acetic acid, lactic acid), high fructose corn syrup, dough improver (wheat flour, calcium stearoyl lactylate, salt, calcium sulfate, datem, soybean oil, contains 2% or less of potassium iodate, ascorbic acid, enzyme, L cysteine, azodicarbonamide), salt, calcium propionate (to retard spoilage), salt, water, wheat flour and enzymes.

Marinara Sauce

Tomato puree (water and tomato paste), soybean oil, high fructose corn syrup, dry onion, salt, xanthan gum, citric acid, spices, dry garlic, sodium benzoate & potassium sorbate (as preservatives).

Mayonnaise

Soybean Oil, Water, Egg Yolk, High Fructose Corn Syrup, Distilled Vinegar, Salt, Cider Vinegar, Sugar, Lemon Juice Concentrate, Spice, Onion*, Garlic*, Natural Flavor, Calcium Disodium EDTA Added to Protect Flavor. *Dehydrated

Mozzarella Sticks

Low moisture mozzarella cheese (pasteurized part-skim milk, cheese cultures, salt, calcium chloride, enzymes), bleached wheat flour, water, vegetable oil (soybean and/or canola), yellow corn flour, contains 2% or less of the following: blue 1, calcium caseinate, dextrose, extractives of paprika, leavening (sodium acid pyrophosphate, sodium bicarbonate), mono & diglycerides, natural and artificial flavors, oleoresin paprika, potato starch, red 40, salt, sodium alginate, spices, spice extractive, sugar, soybean oil, whey, yellow 5.

O'Free Blackberry Syrup

Water, erythritol (eridex brand as sweetener), natural and artificial blackberry flavor, concentrated lemon juice, cellulose gum, sucralose (splenda brand as sweetener), artificial blackberry flavor, potassium sorbate (preservative).

Onion Bun

Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, High Fructose Corn Syrup, Eggs, Onions, Contains 2% or Less of: Salt, Yeast, Soybean Oil, Sodium Stearoyl Lactylate, Corn Flour, Azodicarbonamide, Calcium Peroxide, Vinegar, Monoglycerides, Calcium Propionate (Preservative), Spice and Coloring, Ammonium Chloride, Calcium Sulfate, Lecithin, Poppy Seeds.

Old Fashioned Chicken Noodle Soup

Water, cooked noodles (water, wheat flour [enriched with ferrous sulfate, niacin, thiamine mononitrate, riboflavin, folic acid], eggs salt), marinated cooked dark meat chicken, carrots, celery, cooked chicken

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ARBY'S MENU ITEMS AND INGREDIENTS

meat, salt, modified food starch (corn), chicken broth, chicken broth flavor (natural flavoring, chicken broth powder, autolyzed yeast extract, salt, chicken fat, vinegar powder, citric acid, disodium guanylate, disodium inosinate, succinic acid, lactic acid), onions, garlic puree (garlic, high fructose corn syrup), parsley, disodium inosinate and disodium guanylate, spice, turmeric (color and flavoring).

Onion Petals

Onions, bleached wheat flour, water, vegetable oil (soybean and/or canola), yellow corn flour, buttermilk (cultured lowfat milk, vita palmitate, vitamin D3, cultures, salt), modified food starch. Contains 2% or less of dextrose, guar gum, leavening (sodium bicarbonate, sodium aluminum phosphate, sodium acid pyrophosphate), monoglycerides, natural flavors, oleoresin paprika, soybean oil, salt, sorbitol, spices, sugar, whey.

Pecan Chicken Salad

Diced Grilled Chicken, Mayonnaise, Grapes, Pecans, Celery, Apples.

Pepper Bacon

Cured with: Water, Salt, Sugar, Smoke Flavor, Sodium Phosphate, Sodium Erythorbate, Sodium Nitrite. Coated with: Ground Black Pepper and Sugar.

Pepperoni

Pork, Beef, Salt, Contains 2% or Less of Dextrose, Flavoring, Lactic Acid Starter Culture, Seasoning (Natural Flavors with Oleoresin of Paprika, Ascorbic Acid, Citric Acid), Sodium Nitrite, Spice.

Pink Passion Fruit Syrup

Pure cane sugar, water, natural and artificial passion fruit flavor, citric acid, potassium sorbate (preservative), FD&C red #40.

Popcorn Chicken

Containing up to 13.64% of a Solution of Water, Seasoning [Salt, Hydrolyzed Corn and Soy Protein, Flavor, Contains Less than 2% (Autolyzed Yeast Extract, Disodium Guanylate, Disodium Inosinate, Enzyme Modified Egg Yolk)], Sodium Phosphates.

Coated with: Water, Wheat Flour, Salt, Leavening (Sodium Bicarbonate, Sodium Aluminum Sulfate), Yeast Extract, Disodium Inosinate and Disodium Guanylate, Dextrose, Yellow Corn Flour, Extractives of Paprika and Turmeric.

Breaded with: Bleached Wheat Flour, Salt, Spice, Disodium Inosinate and Disodium Guanylate, Yellow Corn Flour, Extractives of Paprika and Turmeric.

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Battered with: Water, Wheat Flour, Salt, Leavening (Sodium Bicarbonate, Sodium Aluminum Sulfate), Yeast Extract, Disodium Inosinate and Disodium Guanylate, Dextrose, Yellow Corn Flour, Extractives of Paprika and Turmeric.

Pre-Dusted with: Wheat Flour, Salt, Yeast Extract, Garlic Powder, Spice, Onion Powder. Breeding Set in Non-Hydrogenated Vegetable Oil.

Potato Cake

Potatoes, Canola Oil and/or Palm Oil, Dehydrated Potato, Salt, Corn Flour, Natural Flavoring, Disodium Dihydrogen Pyrophosphate (to Promote Color Retention), Dextrose.

Potato with Bacon Soup

Ranch Dipping Sauce

Sour Cream (Cream, Modified Food Starch, Gelatin, Lactic Acid, Guar Gum, Mono and Diglycerides, Disodium Phosphate, Citric Acid, Artificial Flavor) Soybean Oil, Buttermilk, Egg Yolk, Distilled Vinegar, Water, Salt, Garlic (Included Dehydrated), Sugar, Chives, Dehydrated Onion, High Fructose Corn Syrup, Spice, Glucono Delta Lactone, Mustard Seed, Potassium Sorbate and Sodium Benzoate Added as Preservatives, Xanthan Gum, Disodium Inosinate, Disodium Guanylate, Calcium Disodium EDTA Added to Protect Flavor.

Red Ranch Dressing

High fructose corn syrup, soybean oil, corn-cider vinegar, tomato paste, distilled vinegar, water, salt, paprika, spice, beet juice concentrate, onion*, natural flavor, xanthan gum, propylene glycol alginate, garlic* (*dehydrated)

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Red Wine Vinaigrette

Water, soybean oil, red wine vinegar, high fructose corn syrup, red wine, onions, garlic, salt, spice, xanthan gum, potassium sorbate and sodium benzoate added as preservatives, propylene glycol alginate, elderberry juice, natural flavor, calcium disodium edta added to protect flavor, caramel color.

Roast Beef

Trimmed Boneless Beef Chunks (Minimum 70%) Combined with Chopped Beef for a Maximum of 12% Fat. Contains up to 9.0% of a Self-Basting Solution of Water, Salt, Sodium Phosphate.

Roast Ham

Cured with: Water, Salt, Dextrose, Sodium Phosphates, Smoke Flavorings, Sodium Erythorbate, Sodium Nitrite.

Roast Turkey

Turkey Breast, Water, Contains 2% or Less of: Brown Sugar, Dextrose, Salt, Browned in Soybean Oil.

Roasted Corn & Black Bean Mix

Corn, black beans, tomatoes, bell peppers, onions, soybean oil, seasoning (salt, brown sugar, spices, chili pepper, dehydrated onion, lime juice powder, [corn syrup solids, lime juice solids, lime oil, bht], autolyzed yeast extract, dehydrated garlic, dehydrated bell peppers, grill flavor, citric acid, natural smoke flavor, and natural flavorings).

Salami, Genoa

Pork, Beef, Salt, Contains 2% or less of Dextrose, Lactic Acid Starter Culture, Natural Flavorings, Sodium Nitrite.

Sauerkraut

Cabbage, Water, Salt, Vinegar, Sodium Benzoate, Natural Flavors, Sodium Bisulfate.

Sausage Patty, Breakfast

Pork, Water, Contains 2% of the Following: Salt, Spices, Sodium Phosphates, Dextrose, Autolyzed Yeast Extract, Caramel Color.

Sesame Bun

Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, High Fructose Corn Syrup, Soybean Oil, Salt, Wheat Gluten, Nonfat Milk, Yeast, Malt Powder, Sodium Stearoyl Lactylate, Azodicarbonamide, Monoglycerides, Ammonium Chloride, Calcium Propionate, Corn Starch, Calcium Sulfate, Calcium Peroxide, Sesame Seeds.

Sour Rye Wrap

Water, Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Rye Flour, Wheat Gluten, Corn Starch, Oat Fiber, Isolated Soy Protein, Caraway Seeds, Canola Oil, Onions, Contains 2% or Less of the Following: Soy Flour, Rye Sour (Rye Flour, Fermentation Acids, Citric, Acetic & Phosphoric Acids, Salt and Yeast), Soy Oil, Salt Sugar, Yeast, Sesame Flour, Calcium Propionate, Calcium Sulfate and Fumaric Acid (To Retard Spoilage), Dextrose, Whole Wheat Flour and Monoglycerides.

Sourdough Breakfast Bread

Enriched wheat flour (wheat flour, barley malt, niacin, iron, thaimin mononitrate, riboflavin, folic acid), water, yeast, high fructose corn syrup, soybean oil, contains 2% or less of the following: salt, yellow corn flour, wheat gluten, sodium stearyl lactylate, non-diastatic malt, fumaric acid, calcium proppionate (preservative), monoglycerides, calcium sulfate, acetic acid, ammonium chloride, soy lecithin, monocalcium phosphate, sugar, citric acid lemon pulp, lemon juice concentrate, lemon oil, sodium citrate, calcium peroxide, azodicarbonamide.

Spicy Brown Honey Mustard Sauce

Distilled Vinegar, Soybean Oil, Mustard Seed, Water, Honey, Horseradish, Sugar, Egg Yolk, Salt, High Fructose Corn Syrup, Spices, Molasses, Dehydrated Garlic, Corn Syrup, Artificial Color, Turmeric, Natural and Artificial Flavor, Anchovies, Tamarind, Calcium Disodium EDTA Added to Protect Flavor.

Spicy Three Pepper® Sauce

Water, Distilled Vinegar, Sugar, Tomato Paste, Brown Sugar, Soybean Oil, Jalapeno Peppers, Corn Vinegar, Salt, Spices, High Fructose Corn Syrup, Mustard (Water, Vinegar, Mustard Seed, Salt, Tumeric, Spices), Corn Syrup Solids, Apple Cider Vinegar, Modified Food Starch, Red Bell Pepper

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Puree, Dehydrated Onions, Dehydrated Garlic, Ground Paprika, Xanthan Gum, Sodium Benzoate (Preservative), Natural Flavor [Contains Maltodextrin, Oleoresin Paprika, Benzoic Acid and Sorbic Acid (Preservatives), Erythorbic Acid], Citric Acid, Propylene Glycol Alginate, Natural Smoke Flavor, Ground Celery.

Strawberry Syrup

High fructose corn syrup, corn syrup, water, strawberry juice concentrate with other natural fruit flavors, citric acid, sodium benzoate (preservative), caramel color, & artificial colors (Red 40 & Blue 1).

Swiss Cheese, Big Eye Natural

Cultured Milk, Salt, Enzymes. Aged Over 60 Days.

Swiss Cheese, Slice Processed

Cultured Milk, Skim Milk, Water, Salt, Sodium Citrate, Sodium Phosphate, Cream, Citric Acid, Sorbic Acid (Preservative), Enzymes, Lactic Acid, Lecithin.

Tangy Southwest Sauce®

Soybean oil, water, high fructose corn syrup, horseradish, egg yolk, distilled vinegar, corn cider vinegar, salt, sugar, tomato paste, spices, sodium benzoate and potassium sorbate added as preservatives, dehydrated garlic, xanthan gum, paprika, natural and artificial flavors, calcium disodium EDTA to protect flavor. (Preservatives), Xanthan Gum, Paprika, Natural Flavors, Calcium Disodium EDTA.

Tartar Sauce

Soybean oil, water, high fructose corn syrup, pickles, distilled vinegar, egg yolks, salt, modified food starch, onion powder, paprika, sodium benzoate and potassium sorbate (preservatives), spices and calcium disodium EDTA.

Thousand Island Dressing

Soybean oil, water, dijon mustard (distilled vinegar and water, mustard seed, salt, white wine, citric acid, tartaric acid, spices), cucumbers, red wine vinegar, egg yolk, corn syrup, sugar, extra virgin olive oil, tomato paste, distilled vinegar, high fructose corn syrup, caraway seed, salt, garlic (including dehydrated), spices, xanthan gum, dehydrated onion, monosodium glutamate, sodium benzoate added as preservative, bell peppers, mustard seed, propylene glycol alginate, oleoresin paprika, natural flavors, alum, polysorbate 80, calcium disodium EDTA added to protect flavor.

Tortilla Strips

Stone Ground Yellow Corn, Corn Oil or Safflower Oil, Sea Salt, Water, Trace of Lime

Vanilla Shake Mix

Whole milk, sugar syrup, high fructose corn syrup, nonfat milk, Grade A Sweet Whey, cream, artificial vanilla flavor, mono and diglycerides, cellulose gum, guar gum, carrageenan, dipotassium phosphate, sodium citrate, sodium chloride, sodium carbonate, annatto and caramel color.

Wrap, Wheat Tortilla

Water, whole wheat flour, enriched bleached wheat flour (with niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), tortilla blend (wheat gluten, oat fiber, corn starch, isolated soy protein, soy flour, soy oil, enriched bleached flour [wheat flour, malted barley flour, niacin, ferrous sulfate, thiamine mononitrate, riboflavin, folic acid], calcium sulfate, sesame flour, salt, sodium acid pyrophosphate, dextrose, and contains 2 percent or less of sodium bicarbonate, fumaric acid, calcium propionate [preservative], potassium sorbate [preservative], monoglycerides, sucralose, sodium metabisulfite), vegetable oil (palm oil, canola oil, tbhq to preserve freshness), preblend (salt, starch, sodium bicarbonate, potassium sorbate [preservative], sodium aluminum phosphate, calcium propionate [preservative], sucrose, sodium stearoyl lactylate, fumaric acid, rice flour, calcium sulfate, sodium sulfite), sugar, sodium bicarbonate, calcium propionate and sorbic acid [preservatives], fumaric acid.

Yellow Mustard

Vinegar, water, mustard seed, salt, turmeric, paprika.