



# Arby's® U.S. Menu Items Without Gluten

## *No Wheat, Barley, Oats, or Rye*

Ingredient information is based on standard product formulations. Variations may occur due to differences in suppliers, ingredient substitutions, recipe revisions, product assembly at the restaurant level, and/or the season of the year. Certain menu items may not be available at all locations. Temporary products are not included. This information is effective as of **November 2009**.

Arby's Restaurant Group, Inc., its franchisees and employees do not assume responsibility for a particular allergy or sensitivity to any food provided in our restaurants. We encourage anyone with food allergies, sensitivities, or special dietary needs to check our website at [www.arbys.com](http://www.arbys.com) on a regular basis to obtain the most comprehensive and up-to-date information. If you have specific questions about our menu, call or write:

Arby's Restaurant Group, Inc., 1155 Perimeter Center West, Atlanta, GA 30338, 1-800-487-2729.

### Meats:

Corned Beef  
Genoa Salami  
Pecan Chicken Salad-Roast+  
Pepper Bacon  
Pepperoni  
Roast Beef  
Roast Chicken+  
Roast Ham  
Roast Turkey

### Condiments:

Banana Peppers  
Bleu Cheese Spread  
Chargrill Seasoning  
Cheddar Cheese Sauce+  
Cheddar, Sharp Natural Slice  
Cheddar, Shredded  
Cheddar, Processed Slice  
Chicken Club Sauce  
Dijon Honey Mustard Sandwich Sauce  
Dill Pickles  
Garlic Buttered Onions  
Gyro Sauce  
Gyro Seasoning  
Ketchup  
Mayonnaise  
Parmesan Peppercorn Ranch Sauce  
Pepper & Onion Mix  
Red Ranch Sauce  
Red Wine Vinaigrette Sauce  
Sauerkraut  
Smoky Q Sauce\*  
Spicy Brown Honey Mustard Sauce  
  
Swiss Cheese, Big Eye Natural  
Swiss Cheese, Slice Processed

Tartar Sauce\*  
Thousand Island Spread  
Yellow Mustard

### Sides:

Applesauce

### Salads:

Chopped Turkey Club  
Chopped Farmhouse Chicken-Roast  
Chopped Italian Salad  
Chopped Side Salad\*

### Dressings:

Balsamic Vinaigrette  
Buttermilk Ranch  
Dijon Honey Mustard

### Dipping Sauces:

Arby's Sauce®  
Bronco Berry Sauce®\*  
Buffalo Dipping Sauce  
Honey Dijon Mustard Sauce  
Horsey Sauce®  
Marinara Sauce  
Ranch Dipping Sauce  
Spicy Three Pepper® Sauce+\*  
Tangy Barbeque Sauce  
Tangy Southwest Sauce®\*

### Beverages:

1% Low Fat Chocolate Milk  
2% Reduced Fat Milk  
CapriSun®  
Coffee  
Diet Blackberry Iced FruiTea

Diet Dr Pepper®\*  
Diet Mountain Dew®\*  
Diet Peach Iced FruiTea  
Diet Pepsi®  
Dr Pepper®  
Mandarin Peach Iced FruiTea  
Mountain Dew®  
Mug® Root Beer\*  
Orange Juice\*  
Passion Fruit Iced FruiTea  
Pepsi®  
Sierra Mist®  
SoBe® Energy\*  
Sweet Tea  
Tropicana® Fruit Punch\*  
Tropicana® Light Lemonade\*

### Desserts:

Chocolate Swirl Shake  
Jamocha Swirl Shake  
Vanilla Shake

### Breakfast:

Breakfast Bacon  
Breakfast Syrup  
Egg, Scrambled Patty  
Egg, Scrambled Mix  
Sausage Patty

Potato Cakes & Homestyle Fries\* may be cooked in the same oil as Crispy Chicken Fillets, Crispy Chicken Tenders\*, Curly Fries, Fish Fillets, Jalapeno Bites®, Loaded Potato Bites®, Mozzarella Sticks, Onion Petals, & Popcorn Chicken which contain a wheat allergen.

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\*Certain menu items may vary from store to store and may not be available at all locations.

+Contains maltodextrin from a corn source.

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